

ONE STEP AT A TIME

One step at a time

You can get through

You can get through it

One step at a time

All up to you

See you can do it

Just remember to breathe

Let it all out, take it all in

One step at a time and you can begin

When times are tough

And there's no-one there to hear you

You've had enough

And you don't let others near you

Though you're afraid, see just how far
you've really come

Somewhere inside a voice is saying 'You're
not done!'

Chorus

You gotta seize the day and leave the
storm behind

You gotta lift your eyes and the path is
there to find

Chorus

When you're in doubt

And the world is tumbling round you

You scream and shout

But the walls close in around you

Though hope is gone, you just can't hide
yourself away

Here comes the sun, and the light of a
brand-new day

Chorus