

Balloon Tennis

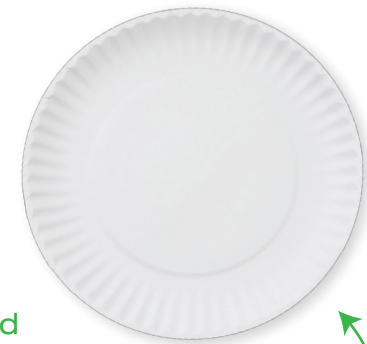
Here's a fun way to play tennis

You will need

1 Yellow balloon (or any colour balloon you like), 2 paper plates, glue or strong tape, pens or crayons to decorate, 2 jumbo lollipop sticks (these can be found in craft shops or online. Alternatively you can use a plastic knife or even a short ruler).

Instructions

- 1 Decorate your paper plates however you like with coloured pens or crayons.
- 2 Glue or tape a wooden jumbo lollipop stick to the back of each paper plate. Make sure it's securely fixed and will not fall off.
- 3 Put a little bit of uncooked rice into the balloons, this will give them some weight and easier to hit back and forth.
- 4 Blow up the balloons and tie a knot.
- 5 You are now ready to play! Hit the ball back and forth. You can make up your own rules.



Decorate your plate



Glue a stick to the BACK of each plate

Put a bit of rice in the balloon then blow it up.



Please remember to recycle this activity