

# Present and Past

*As children get older they will start to develop a clearer understanding of the past and present. It is important therefore that you encourage this by talking about what happens now and what happened in the past. Start by talking about their day, what happened this morning or yesterday. Then talk about what might have happened a week ago. With older children talk about your own family and telling them about the past and showing them a variety of pictures and objects.*



- ① Collect together some photos of your child and other members of your family. Ask them to put them in chronological order e.g. picture of them as a very young baby, after a few months, then as a toddler.
- ② Tell them some stories about how things used to be in the past.
- ③ Grow some cress seeds, runner beans or a sunflower so that they can get an idea of the passage of time. Record the changes as the plants begin to grow, using the 'Plant Diary' supplied on the next page.
- ④ See if you can find some toys that you used to play with. Let your child spend some time using them. Talk to them about your childhood.
- ⑤ Find out about your family's history. Did they arrive from another country or have they always lived here? If they are from somewhere else then find out more. Investigate with your child. You will find a 'My Family History' template provided.



*Please remember to recycle this activity*

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# Plant Diary

Use this chart and draw how your plant grows each week.

1st Week	2nd Week	3rd Week	4th Week	5th Week

# My Family History

Write what you've found out about each family member.

Mother	Father	Sisters	Brothers	Maternal Grandmother

Maternal Grandfather	Paternal Grandmother	Paternal Grandfather	Stepfather	Stepmother

# My Family History

Stepsisters	Stepbrothers	Cousins	Uncles	Aunties

Other family members	Other family members	Other family members	Other family members	Other family members