



The Beatitudes - Blessed are those who hunger
and thirst for Righteousness.

Matthew 5: 1 - 12



A close-up photograph of a hand with a dark skin tone pointing its index finger to a specific line of text in an open Bible. The Bible's pages are filled with printed text, and the lighting creates a warm, golden glow. In the bottom-left corner, there is a yellow scroll with a decorative, torn-edge border. On the scroll, the text 'Gather: Hunger for Righteousness' is written in a dark purple, serif font. In the bottom-right corner, there is a small, ornate religious emblem featuring a red shield with a white cross, topped with a golden crown and flanked by golden wings or banners. The background text from the Bible is partially legible, showing verses from the Gospel of John, specifically the wedding at Cana.

Gather: Hunger for Righteousness





Father,
Thank you for
your word.
Help us to listen
And show your
love.

Amen



Listen: Hunger for Righteousness





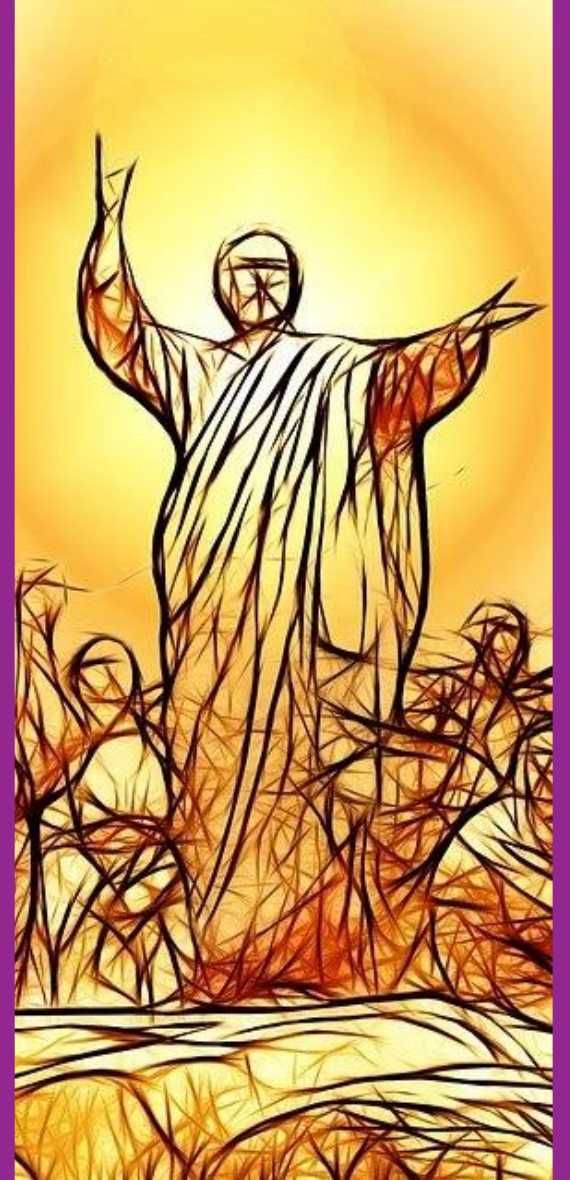
During the
Sermon on the
Mount, Jesus
'gave' us the
Beatitudes.

Matthew 5:1-12

The Beatitudes

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him.

Then he began to speak, and taught them, saying:



A light beige scroll is unrolled against a solid purple background. The scroll has a 3D effect with shadows and highlights, showing its rolled-up ends. The text is written in a purple, serif font.

Blessed are the poor in spirit,
for theirs is the kingdom of
heaven.

Blessed are those who mourn,
for they will be comforted.

Blessed are the meek,
for they will inherit the earth.

Blessed are those who hunger
and thirst for righteousness,
for they shall be satisfied.

A light beige scroll is unrolled against a solid purple background. The scroll has a 3D effect with shadows and highlights, showing its rolled-up ends. The text is written in a purple, serif font.

Blessed are the merciful,
for they will be shown mercy.

Blessed are the pure in heart,
for they will see God.

Blessed are the peacemakers,
for they will be called children
of God.

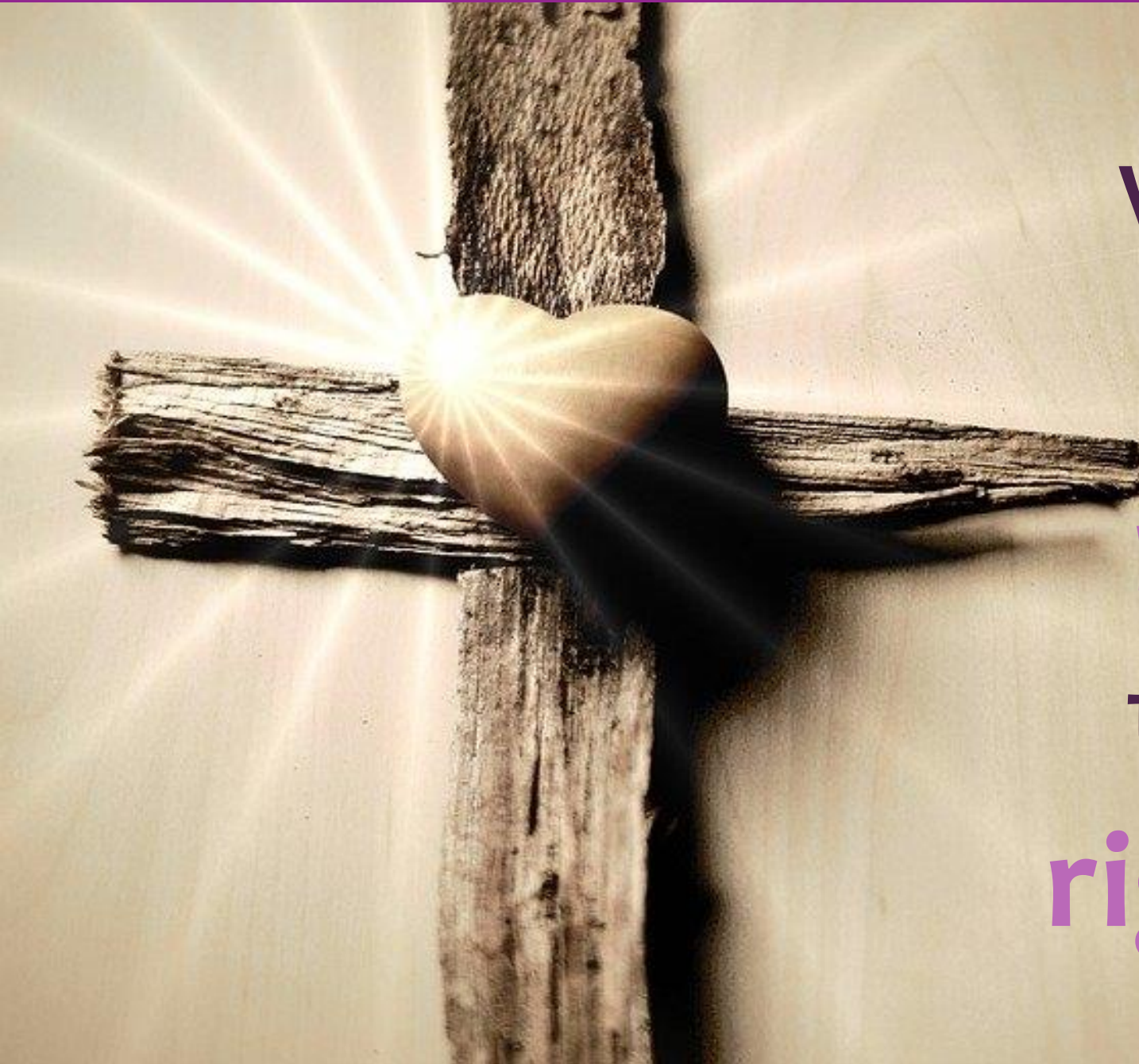
Blessed are those who are
persecuted because of
righteousness, for theirs
is the kingdom of heaven.

The fourth beatitude tells us...

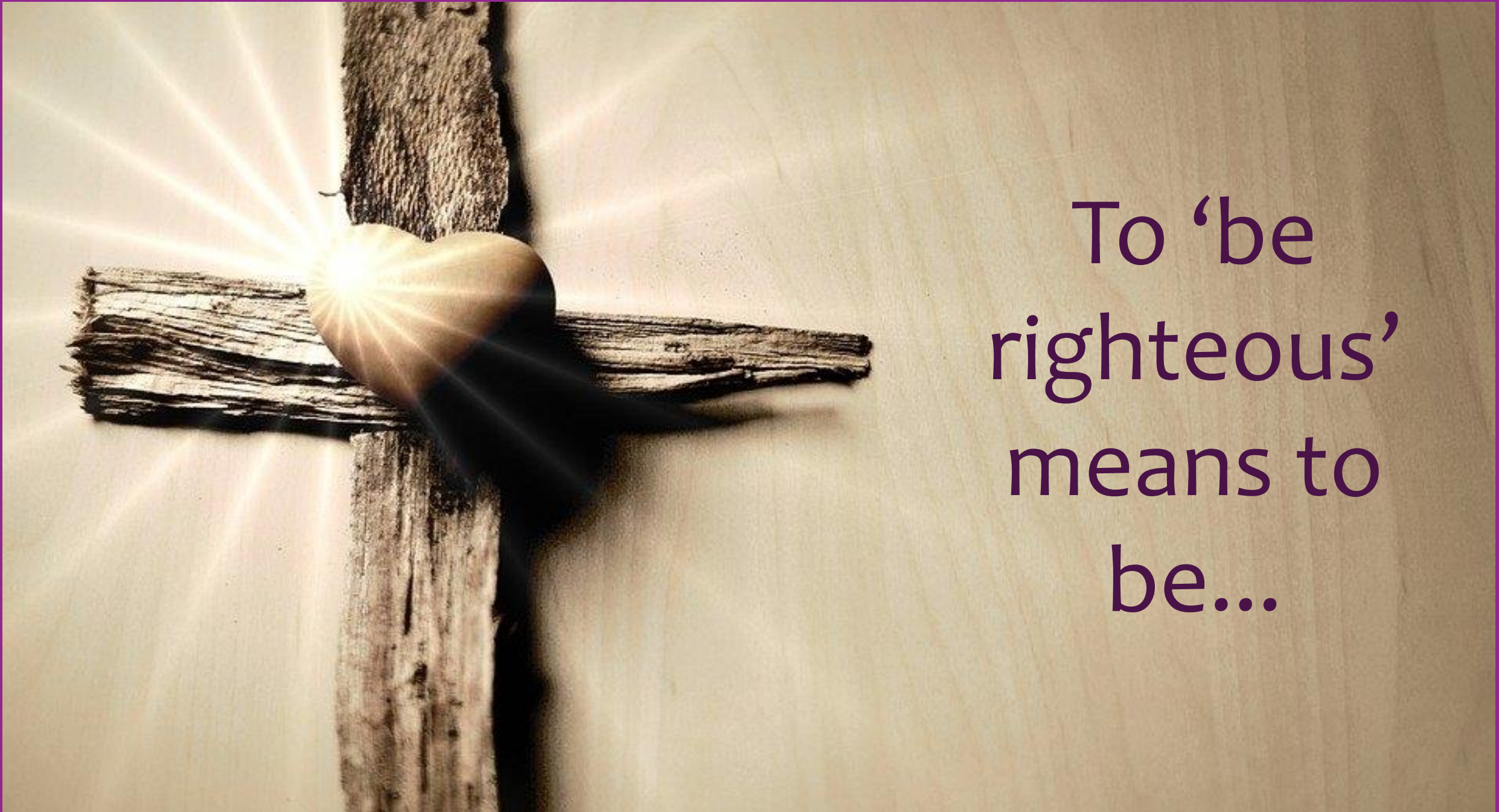


“Blessed are those who
hunger and thirst for
righteousness,
for they shall be satisfied.”

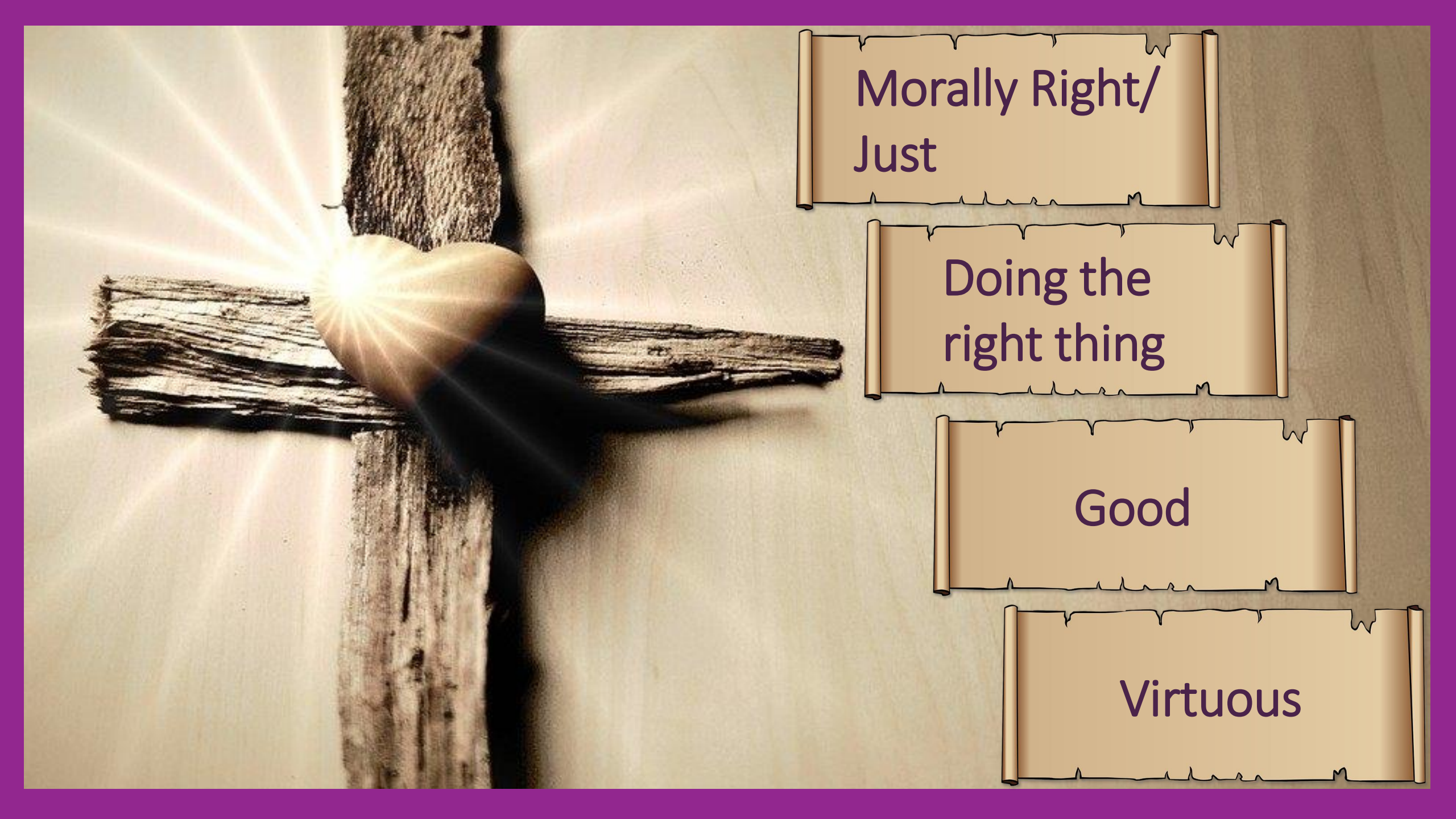
Matthew 5:6

A wooden cross is centered on the left side of the image. In the center of the cross, where the horizontal and vertical beams meet, is a glowing, golden heart. Bright rays of light emanate from the heart, spreading outwards across the background. The background is a light, textured surface, possibly wood or stone, with a warm, golden-brown hue. The overall composition is simple and symbolic.

What does it
mean to ‘be
righteous’...
to ‘thirst for
righteousness?



To 'be
righteous'
means to
be...

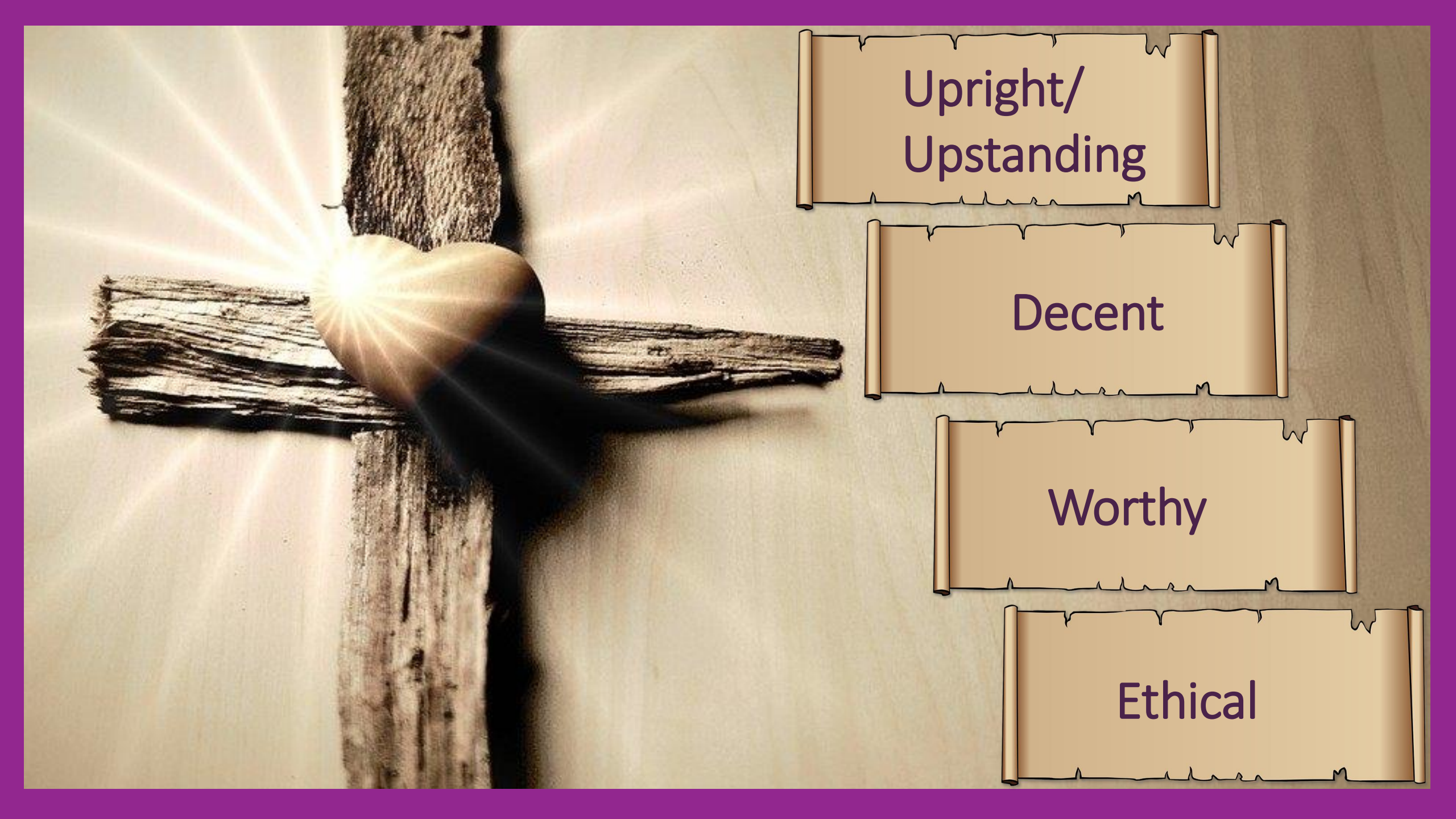


Morally Right/
Just

Doing the
right thing

Good

Virtuous

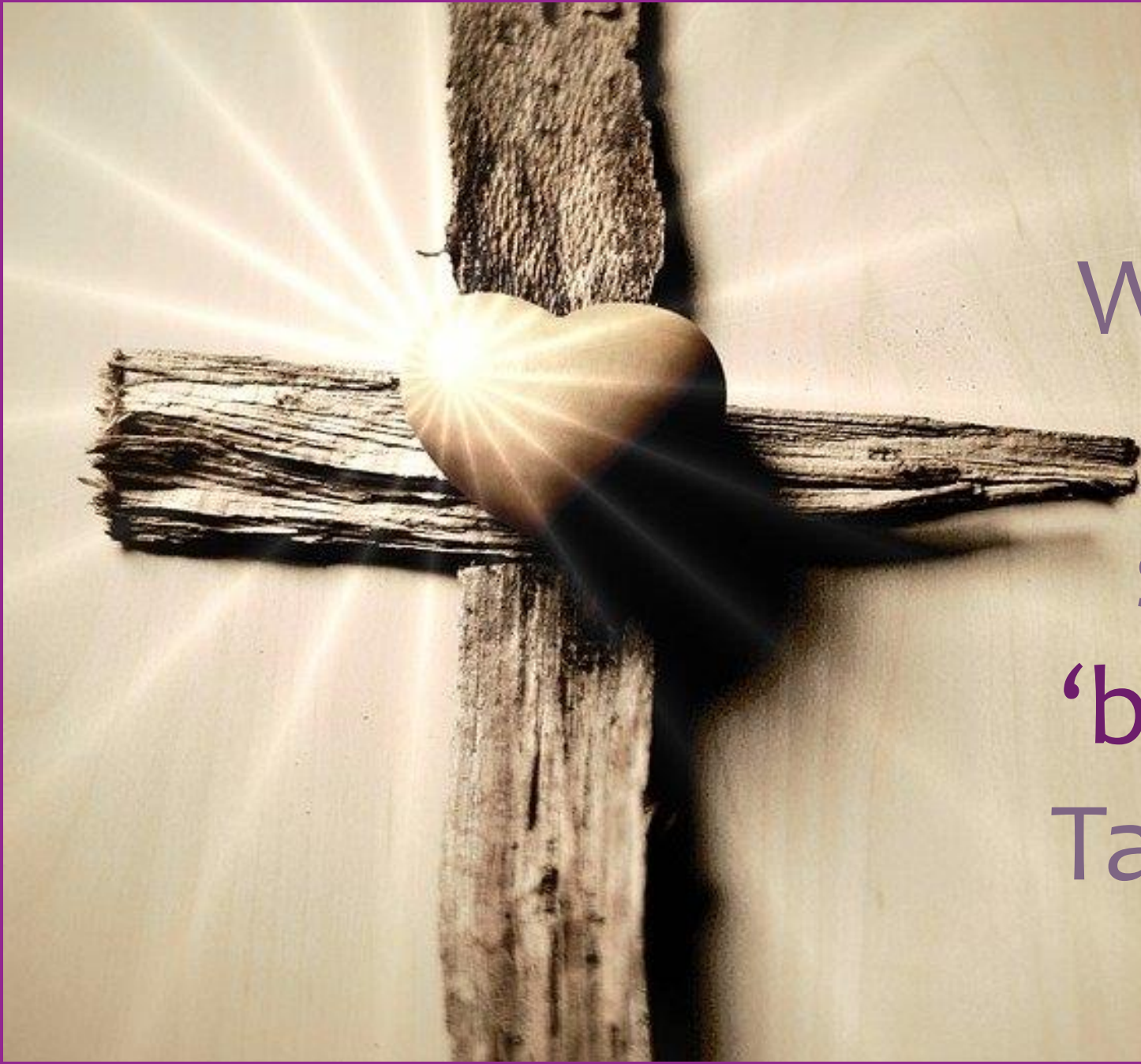


Upright/
Upstanding

Decent

Worthy

Ethical

A rustic wooden cross is centered on the left side of the image. In the middle of the cross, where the horizontal and vertical beams meet, is a glowing, golden heart. Bright rays of light emanate from the heart, spreading outwards across the background. The background is a light, textured surface, possibly wood or stone, with a warm, golden-brown hue. The overall composition is simple and evocative, suggesting themes of love, faith, and righteousness.

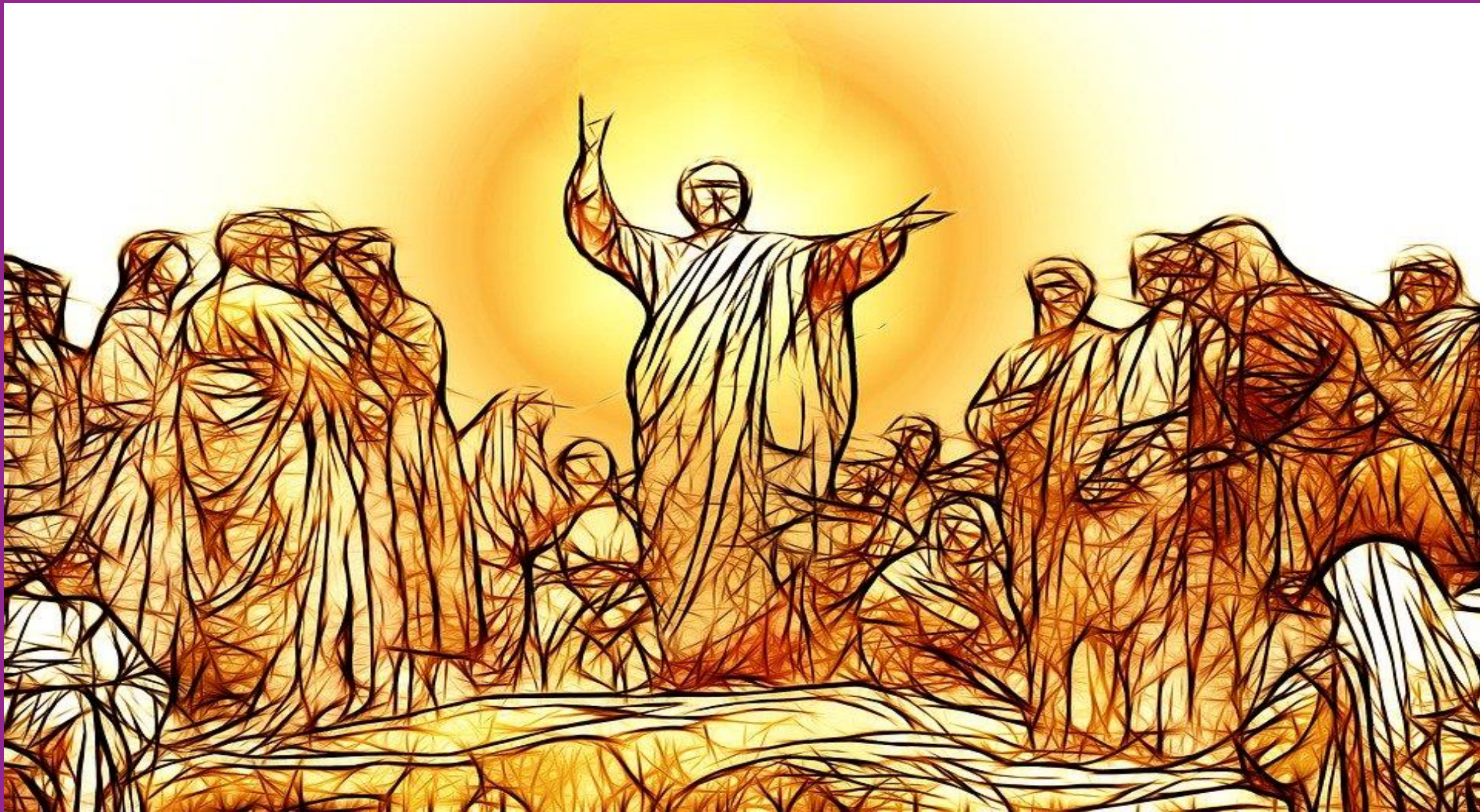
Which picture do
you think best
shows ways of
‘being righteous’?
Take a moment to
think...



“Humanity needs
justice, peace and love
and we can have this
only by returning with
our hearts towards
God who is the source
of all this.”

Pope Francis





Respond: Hunger
for Righteousness



How can
we show
that we are
Righteous?



‘Blessed are the righteous’

Try to hunger and thirst for Righteousness by:

- Doing the right thing in school and at home
- Making good choices
- Doing good deeds at home, school and in the community.
- Showing kindness and compassion for those that are lonely, sad or in need of a friend.



‘Blessed are the righteous’

Try to hunger and thirst for Righteousness by:

- Showing compassion for our sisters and brothers around the world, who are in need of our help.
- Taking care of God’s creation, at home and further afield.
- Living more simply, not always wanting more.



“To all people of good will
who are working for social
justice: never tire of
working for a more just
world, marked by greater
solidarity!”

Pope Francis



Respond - Prayer



Breathe in me, O Holy Spirit, that my thoughts may all be holy.
Act in me, O Holy Spirit, that my work too, may be holy.
Draw my heart, O Holy Spirit, that I love but what is holy.
Strengthen me, O Holy Spirit, to defend all that is holy.
Guard me, then, O Holy 'Spirit, that I always may be holy.
Amen.

— St. Augustine



A close-up photograph of a hand with a dark skin tone pointing its index finger to a specific line of text in an open Bible. The Bible's pages are filled with printed text, and the lighting creates a warm, golden glow. In the bottom-left corner, there is a yellow scroll with a decorative, torn-edge border. In the bottom-right corner, there is a small, ornate religious emblem featuring a shield with a red and white design, topped with a crown and a cross, and flanked by golden elements. The overall composition suggests a theme of religious study or mission.

Mission: Hunger
for Righteousness



Mission



How can you do the right thing today?

- Create a list of acts of kindness that you can then turn into actions in school and at home.
- Research different charities, locally, nationally and internationally that aim to help people – Then think about ways you can get involved to support their work.
- Think about someone who is lonely and how you can bring a smile to them today.
- Create ideas on ways you can look after God's creation in your local area and beyond



‘Blessed are
those who
hunger and
thirst for
righteousness’

Matthew 5:6

