



Supporting pupils with medical conditions



**Sacred Heart Catholic Primary School,
Georges Road,
Holloway,
London,
N7 8JN.**

Tel – 020 7607 3407

Fax – 020 7607 4906

email – admin@sacredheart.islington.sch.uk

Policy Holder	Cat Le Fleming
Approval level	Full GB
Approval date	November 2025
Review due	Autumn 2026



Index

1. Managing prescription medicines which need to be taken during the school day
2. Procedures for managing prescription medicines on trips, outings and during sporting activities
3. The roles and responsibilities of staff managing administration of medicines, and for administering or supervising the administration of medicines
4. Parental responsibilities in respect of their child's medical needs
5. Assisting children with long-term or complex medical needs
6. Policy on children carrying and taking their prescribed medicines themselves
7. Staff support and training in dealing with medical needs
8. Record keeping
9. Safe storage of medicines
10. Disposal of Medicines
11. Hygiene and Infection Control
12. Access to the school/EYS's emergency procedures
13. Risk assessment and management procedures
14. Use of Emergency Salbutamol Inhalers
15. Intimate Care

Forms

- 1 Contacting Emergency Services**
- 2 Pupil Health Care Plan (General)**
- 3 Individual Health Care Plan – Allergies**
- 4 Individual Health Care Plan – Asthma**
- 5 Individual Health Care Plan – Diabetes**
- 6 Individual Health Care Plan – Epilepsy**
- 7 Parental Agreement for School/ to Administer Medicine**
- 8 Record of medicines administered to all children**



Mission Statement:

**To go forward together in Christ.
To respect our neighbour.
To always give of our best.**

Statement

Sacred Heart is committed to reducing the barriers to learning for all its pupils. This policy sets out the steps which the school will take to ensure full access to learning for all its children who have medical needs and are able to attend school.

N.B. This policy has been developed in line with the [DfE publication 'Supporting pupils at school with medical conditions December 2015'](#).

1. Managing prescription medicines which need to be taken during the school day

- 1.1 Parents/carers should provide full written information about their child's medical needs.
- 1.2 Short-term prescription requirements should only be brought to school if it is detrimental to the child's health not to have the medicine during the school day. If the period of administering medicine is 8 days or more, there must be an individual Pupil Health Care Plan.
- 1.3 The school will not accept medicines that have been taken out of the container as originally dispensed, nor make changes to prescribed dosages.
- 1.4 The school will not administer medicines that have not been prescribed by a doctor, dentist, nurse prescriber or pharmacist prescriber, unless it is done as part of an individual Pupil Health Care Plan. The school will inform parents of this policy.
- 1.5 Some medicines prescribed for children (e.g. methylphenidate, known as Ritalin) are controlled by the Misuse of Drugs Act. Members of staff are authorised to administer a controlled drug, in accordance with the prescriber's instructions. A child may legally have a prescribed controlled drug in their possession. The school will keep controlled drugs in a locked non-portable container, to which only named staff will have access. A record of access to the container will be kept. Misuse of a controlled drug is an offence, and will be dealt with under the school's behaviour policy.
- 1.6 Medicines should always be provided in the original container as dispensed by a pharmacist and should include the prescriber's instructions for administration. In all cases this should include:
 - Name of child
 - Name of medicine
 - Dose



- Method of administration
 - Time/frequency of administration
 - Any side effects
 - Expiry date (Paragraph 35)
- 1.7 The school will refer to the DfE guidance document when dealing with any other particular issues relating to managing medicines.
- 2. Procedures for managing prescription medicines on trips, outings and during sporting activities**
- 2.1 The school will consider what reasonable adjustments might be made to enable children with medical needs to participate fully and safely on visits. This may extend to reviewing and revising the visits policy and procedures so that planning arrangements incorporate the necessary steps to include children with medical needs. It might also incorporate risk assessments for such children.
- 2.2 If staff are concerned about how they can best provide for a child's safety or the safety of other children on a visit, they should seek parental views and medical advice from the school health service or the child's GP.
- 2.3 The school will support children wherever possible in participating in physical activities and extra-curricular sport. Any restriction on a child's ability to participate in PE should be recorded on their individual Pupil Health Care Plan.
- 2.4 Some children may need to take precautionary measures before or during exercise, and may need access, for example, to asthma inhalers. Staff supervising sporting activities will be made aware of relevant medical conditions, and will consider the need for a risk assessment to be made.
- 2.5 The school must cooperate with the Local Authority in fulfilling its responsibilities regarding home to school transport. This may include giving advice regarding a child's medical needs.
- 3. The roles and responsibilities of staff managing administration of medicines, and for administering or supervising the administration of medicines**
- 3.1 Close co-operation between schools, EYS, parents/carers, health professionals and other agencies will help provide a suitably supportive environment for children with medical needs.
- 3.2 It is important that responsibility for child safety is clearly defined and that each person responsible for a child with medical needs is aware of what is expected of them.
- 3.3 The school will always take full account of temporary, supply and peripatetic staff when informing staff of arrangements for the administration of medicines.



- 3.4 The school will always designate a minimum of two people to be responsible for the administering of medicine to a child.
- 3.5 Staff should never give a non-prescribed medicine to a child unless this is part of an individual Pupil Health Care Plan, involving specific written permission from the parents/carers. Where the head agrees to administer a non-prescribed medicine it must be in accordance with this policy. The school will inform parents of this policy. Where a non-prescribed medicine is administered to a child it should be recorded on form 8 (can be found in the Form Sets) and the parents/carers informed. If a child suffers from frequent or acute pain the parents/carers should be encouraged to refer the matter to the child's GP.
- 3.6 National Guidance states: 'A child under 16 should never be given aspirin or medicines containing ibuprofen unless prescribed by a doctor.' The school will inform parents of this policy.
- 3.7 Any controlled drugs which have been prescribed for a child must be kept in safe custody.
- 3.8 If a child refuses to take medicine, staff will not force them to do so. Staff should record the incident and follow agreed procedures (which should be set out in the policy or the child's Health Care Plan). Parents/carers will be informed of the refusal on the same day. If refusal results in an emergency, the school/EYS's normal emergency procedures will be followed.
- 3.9 If in doubt about a procedure, staff should not administer the medicine, but check with the parents or a health professional before taking further action.

N.B. The DfE guidance document gives a full description of roles and responsibilities.

4. Parental responsibilities in respect of their child's medical needs

- 4.1 It is the parents/carers' responsibility to provide the Head teacher with sufficient written information about their child's medical needs if treatment or special care is needed.
- 4.2 Parents are expected to work with the Head teacher to reach an agreement on the school's role in supporting their child's medical needs, in accordance with the school's policy.
- 4.3 The Head teacher should have parental agreement before passing on information about their child's health to other staff. Sharing information is important if staff and parents/carers are to ensure the best care for a child.
- 4.4 If parents/carers have difficulty understanding or supporting their child's medical condition themselves, they should be encouraged to contact either the school nurse or the health visitor, as appropriate.



- 4.5 It is the parents/carers' responsibility to keep their children at home when they are acutely unwell.
- 4.6 It requires only one parent/carer to agree to or request that medicines are administered to a child. It is likely that this will be the parent with whom the school has day-to-day contact.
- 4.7 Prior written agreement should be obtained from parents/carers for any medicines to be given to a child. (See Form sets).
- 5. Assisting children with long-term or complex medical needs**
- 5.1 Where there are long-term medical needs for a child an Individual Pupil Health Care Plan (IHCP) should be completed, either using a form completed by the relevant medical professionals or the schools Health Care Plans (which can be found in Form sets), and involving both the parents/carers and relevant health professionals.
- 5.2 A Pupil Health Care Plan clarifies for staff, parents/carers and the child the help that can be provided. It is important for staff to be guided by the school nurse or the child's GP or paediatrician.
- 5.3 The school will agree with parents/carers how often they should jointly review the health care plan. It is sensible to do this at least once a year, but much depends on the nature of the child's particular needs; some would need reviewing more frequently.
- 5.4 The school will judge each child's needs individually as children and young people vary in their ability to cope with poor health or a particular medical condition. Plans will also take into account a pupil's age and need to take personal responsibility.
- 5.5 Developing a Pupil Health Care Plan should not be onerous, although each plan will contain different levels of detail according to the needs of the individual child.
- 5.6 In addition to input from the school health service, the child's GP or other health care professionals depending on the level of support the child needs, those who may need to contribute to a health care pro forma include the:
- Head teacher
 - Parent or carer
 - Child (if appropriate)
 - Class Teacher
 - Care assistant or support staff
 - Staff who are trained to administer medicines
 - Staff who are trained in emergency procedures (Paragraph 122)
- 5.7 The school will consult the DfE publication 'Supporting pupils at school with medical conditions December 2015' when dealing with the needs of children with the following common conditions:



- Asthma
- Epilepsy
- Diabetes
- Anaphylaxis

5.8 Regarding epilepsy, some children may be prescribed rectal diazepam as a treatment for prolonged seizures. Staff involved must have received training from local health services. A written authorisation from the GP, Consultant or Epilepsy Specialist Nurse must have been received for each child, along with instructions for use. Two adults must be present for such treatment, preferably at least one being of the same gender as the child. The dignity of the child must be protected as far as possible.

6. Policy on children carrying and taking their prescribed medicines themselves
(An example of this would be a child with asthma using an inhaler)

6.1 It is good practice to support and encourage pupils, who are able, to take responsibility to manage their own medicines. If such medicines are taken under supervision, this should be recorded.

6.2 There is no set age when a child or young person can take responsibility for their own medication. This needs to be a joint decision between school, parents/carers and the pupil.

6.3 Where pupils have been prescribed controlled drugs, these must be kept in safe custody. Pupils could access them for self-medication if it was agreed that this was appropriate.

7. Staff support and training in dealing with medical needs

7.1 The school will ensure that there are sufficient members of support staff who manage medicines. This will involve participation in appropriate training.

7.2 Any member of staff who agrees to accept responsibility for administering prescribed medicines to a child does so voluntarily and will have appropriate training and guidance. They will also be made aware of possible side effects of the medicines, and what to do if they occur. The type of training necessary will depend on the individual case.

7.3 Teachers' conditions of employment do not include giving or supervising a pupil taking medicines. Agreement to do so must be voluntary.

7.4 The school will ensure that staff receive proper support and training where necessary, in line with the contractual duty on head teachers to ensure that their staff receive the training. The Head teacher will agree when and how such training takes place, in their capacity as a line manager. The head of the school will make sure that all staff and parents/carers are aware of the policy and procedures for dealing with medical needs.



- 7.5 Staff who have a child with medical needs in their class or group will be informed about the nature of the condition, and when and where the child may need extra attention.
- 7.6 The child's parents/carers and health professionals should provide the information specified above.
- 7.7 All staff should be aware of the likelihood of an emergency arising and what action to take if one occurs.
- 7.8 Back up cover should be arranged for when the member of staff responsible is absent or unavailable.
- 7.9 At different times of the day other staff, such as lunchtime supervisors, may be responsible for children. They will also be provided with training and advice.

8. Record keeping

- 8.1 Parents/carers should tell the school about the medicines that their child needs to take and provide details of any changes to the prescription or the support required. However staff should make sure that this information is the same as that provided by the prescriber. Any change in prescription should be supported by either new directions on the packaging of medication or by a supporting letter from a medical professional.
- 8.2 The school will use Form 7 Parental Agreement for School/ to Administer Medicine (can be found in form sets) to record short-term administration of medication. Consent forms should be delivered personally by the consenting parent/carer. Staff should check that any details provided by parents, or in particular cases by a paediatrician or specialist nurse, are consistent with the instructions on the container.
- 8.3 The school will use Form 7 Parental Agreement for School/ to Administer Medicine (can be found in form sets) to record long-term administration of medication. Consent forms should be delivered personally by the consenting parent/carer. Staff should check that any details provided by parents, or in particular cases by a paediatrician or specialist nurse, are consistent with the instructions on the container.
- 8.4 It is the parent/carer's responsibility to monitor when further supplies of medication are needed in the school. It is not the school's responsibility.
- 8.5 Although there is no legal requirement for schools to keep records of medicines given to pupils, and the staff involved, it is good practice to do so. Records offer protection to staff and proof that they have followed agreed procedures. We keep a record of medicines administered (see form 8).

9. Safe storage of medicines

- 9.1 The school will only store, supervise and administer medicine that has been prescribed for an individual child.



- 9.2 Medicines will be stored strictly in accordance with product instructions - paying particular note to temperature and in the original container in which dispensed.
- 9.3 Staff will ensure that the supplied container is clearly labelled with the name of the child, the name and dose of the medicine, the method and frequency of administration, the time of administration, any side effects and the expiry date.
- 9.4 Where a child needs two or more prescribed medicines, each will be in a separate container.
- 9.5 Non-healthcare staff will never transfer medicines from their original containers.
- 9.6 Children will be informed where their own medicines are stored and who holds the key.
- 9.7 All emergency medicines, such as asthma inhalers and adrenaline pens, will be readily available to children and will not be locked away.
- 9.8 The school may/may not allow children to carry their own inhalers.
- 9.9 Other non-emergency medicines will be kept in a secure place not accessible to children.
- 9.9 A few medicines need to be refrigerated. They can be kept in a refrigerator containing food but must be in an airtight container and clearly labelled. There will be restricted access to a refrigerator holding medicines.
- 9.11 Access to Medicines - Children need to have immediate access to their medicines when required. The school will make special access arrangements for emergency medicines that it keeps. However, it is also important to make sure that medicines are kept securely and only accessible to those for whom they are prescribed. This will be considered as part of the policy about children carrying their own medicines.

10. Disposal of Medicines

- 10.1 Staff should not dispose of medicines. Parents/carers are responsible for ensuring that date-expired medicines are returned to a pharmacy for safe disposal. Return of such medicines to parents should be documented.
- 10.2 Parents/carers should also collect medicines held at the end of each term. If parents/carers do not collect all medicines, they will be taken to a local pharmacy for safe disposal. This process should be documented.
- 10.3 Sharps boxes will always be used for the disposal of needles. Collection and disposal of the boxes will be arranged with the Local Authority.

11. Hygiene and Infection Control

- 11.1 All staff should be familiar with normal precautions for avoiding infection and follow basic hygiene procedures



- 11.2 Staff will have access to protective disposable gloves and will take care when dealing with spillages of blood or other body fluids, and disposing of dressings or equipment.
- 11.3 The School Premises Regulations 2011 and the Education (Independent School Standards) Regulations 2010 as amended January 2013 require every school to have a room appropriate and readily available for use for medical or dental examination and treatment and for the caring of sick or injured pupils. It must contain a washbasin and be reasonably near a water closet. It must not be teaching accommodation. If this room is used for other purposes as well as for medical accommodation, the body responsible must consider whether dual use is satisfactory or has unreasonable implications for its main purpose. The responsibility for providing these facilities in all maintained schools rests with the Local Authority.

12. Access to the school emergency procedures

- 12.1 As part of general risk management processes the school has arrangements in place for dealing with emergency situations. This is part of the school's first aid policy and provision.
- 12.2 Other children should know what to do in the event of an emergency, such as telling a member of staff.
- 12.3 All staff should know how to call the emergency services. Guidance on calling an ambulance is provided in Form 1 (can be found in form sets).
- 12.4 All staff should also know who is responsible for carrying out emergency procedures in the event of need.
- 12.5 A member of staff will always accompany a child taken to hospital by ambulance, and will stay until the parent arrives.
- 12.6 Health professionals are responsible for any decisions on medical treatment when parents/carers are not available.
- 12.7 Staff should never take children to hospital in their own car; it is safer to call an ambulance.
- 12.8 Individual Pupil Health Care Plans will include instructions as to how to manage a child in an emergency, and identify who has the responsibility in an emergency. Those with responsibility at different times of day (e.g. lunchtime supervisor) will need to be very clear of their role.

13. Risk assessment and management procedures

- 13.1 This policy will operate within the context of the school's Health and Safety Policy.
- 13.2 The school will ensure that risks to the health of others are properly controlled.



13.3 The school will provide, where necessary, individual risk assessments for pupils or groups with medical needs.

13.4 The school will be aware of the health and safety issues relating to dangerous substances and infection.

14. Use of Emergency Salbutamol Inhalers ([see Guidance on the use of emergency salbutamol inhalers in school](#))

14.1 From 1st October 2014 the Human medicines Regulations were amended to allow schools to buy salbutamol inhalers, without a prescription, for use in emergencies.

14.2 The inhalers must only be used by children, for whom written parental consent for use of the emergency inhaler has been given, who have either been diagnosed with asthma and prescribed an inhaler, or who have been prescribed an inhaler as reliever medication.

14.3 The inhaler will only be used if the pupil's prescribed inhaler is not available.

14.4 At school we keep emergency inhalers kits these can be used by any child with a diagnosis of asthma and whose parents/carers have given permission to use the inhaler.

15. Use of Emergency Adrenaline Auto Injectors ([see guidance on Emergency Adrenaline Auto Injectors in school](#))

15.1 From October 2017 the Human medicines Regulations were amended to allow schools to buy Emergency Adrenaline Auto Injectors, without a prescription, for use in emergencies.

15.2 The Emergency Adrenaline Auto Injectors must only be used by children, for whom written parental consent for use of the emergency Adrenaline Auto Injectors has been given and who are known to be at risk of anaphylaxis and prescribed an emergency Adrenaline Auto Injectors, or who have been prescribed an inhaler as reliever medication.

15.3 The school's spare AAI can be administered to a pupil whose own prescribed AAI cannot be administered correctly without delay.

16. Intimate Care

16.1 Early Years settings and schools must make reasonable adjustments to meet the needs of each child. Children must not be excluded or treated less favourably because they are incontinent.

16.2 The school is able to provide changing facilities and resources to change a child. Privacy and dignity for the child must be considered and maintained during the time taken to change a child.

SACRED HEART CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 Fax: 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



- 16.3 There are no regulations that indicate that a second member of staff must be available. DBS checks are carried out to ensure the safety of children with staff employed in the school. If there is known risk of false allegation by a child then a single practitioner should not undertake nappy changing.
- 16.4 A student on placement should not change a nappy unsupervised.
- 16.5 The parents and a member of staff will agree how the child is changed and this will be reviewed in line with the child's developing continence. If appropriate, the school and parents will work with partner agencies (e.g. Occupational Therapist, School Nurse) to draw up a toileting plan, which will be regularly reviewed.
- 16.6 Personal care is one of the core duties of all those who work with young children, while teachers cannot be required to change nappies, some may choose to do so at times if this is in the interests of the child and the efficient running of the class. All support staff are expected to change children as part of their job role.



Form Sets

FORM 1 Contacting Emergency Services

Request for an Ambulance
Dial 999, ask for ambulance and be ready with the following information

. Contacting Emergency Services

Request for an Ambulance

Dial 999, ask for ambulance and be ready with the following information

1. Your telephone number
0207 607 3407
2. Give your location as follows
Sacred Heart Primary School, 68 Georges Road, Holloway, London,
3. State that the postcode is
N7 8JN
4. Give exact location in the school/setting
5. Give your name
6. Give name of child and a brief description of child's symptoms
7. Inform Ambulance Control of the best entrance and state that the crew will be met and taken to

Speak clearly and slowly and be ready to repeat information if asked

Put a completed copy of this form by the telephone

**SACRED HEART
CATHOLIC PRIMARY SCHOOL**

Georges Road, London N7 8JN
Tel: 020 7607 3407 Fax: 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



Health Care Plan

Child's name

--

Group/class/form

--

Date of birth

/	/
---	---

Medical diagnosis or condition

--

Date

/	/
---	---

Review date

/	/
---	---

Family Contact Information

Name

--

Phone no. (work)

--

(home)

--

(mobile)

--

Name

--

Phone no. (work)

--

(home)

--

(mobile)

--

Clinic/Hospital Contact

Name

--

Phone no.

--

G.P.

Name

--

Phone no.

--

SACRED HEART
CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 Fax: 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



Describe medical needs and give details of child's symptoms

Daily care requirements (e.g. before sport/at lunchtime)

Describe what constitutes an emergency for the child, and the action to take if this occurs

Follow up care

Who is responsible in an emergency (state if different for off-site activities)

--

Signed:

Date:



FORM 3

Individual Health Care Plan

Allergies / Anaphylaxis

This plan relates to the health care needs provided to this school to the child / young person named below in relation to the safe management of the condition above. School staff involved in the day to day care of this child should be made familiar with the contents of this plan so they are aware of when they need to act, and what they and others need to do.

Child _____
Date of Birth _____
Class _____

Any allergic reaction, including the most extreme form, anaphylactic shock, occurs because the body's immune system reacts inappropriately in response to the presence of a substance that it wrongly perceives as a threat.
Anaphylaxis Campaign

Emergency Contact details:

Contact 1

Name:

Relationship: _____

Contact numbers:

Contact 2

Name:

Relationship: _____



Contact numbers:

Possible symptoms of allergic reactions

A life threatening reaction	
Airway	- Tightness or a lump in the throat, hoarse voice, hacking cough.
Breathing	- Short of breath, cough, not able to speak in full sentences, noisy breathing, wheezing.
Conscious level	- Feeling faint, weakness or floppiness, glazed expression, unconscious.
Deterioration	- Symptoms getting steadily worse.

If a child is having a life threatening reaction

1. Give Autoinjector in the outer thigh muscle.
2. Once the Autoinjector has been given, Dial 999 for the ambulance. even if the child is making a good recovery
3. If the child is conscious and having breathing difficulties, help them to sit up. If they are faint or floppy, they are better lying flat with their legs raised up.
4. Repeat dose in 5 -10 mins if continued deterioration – often given by the ambulance crew



A non life threatening reaction

Eyes	- itchy, runny, swollen
Nose	- Itchy, runny, congested
Mouth	- itchy or swollen lips or mouth
Skin	- itchy hives or nettle rash, redness, swelling of the face or other parts of the body
Gut	- nausea, stomach cramps, vomiting, diarrhoea

If the child is having a non life-threatening reaction:

- | |
|--|
| 1. Give Antihistamine syrup or tablet |
| 2. The child should Rest and <ul style="list-style-type: none"> • Not do strenuous exercise • Not eat a heavy meal. • Not have any form of fizzy drink. • Not have a hot bath or shower • |
| 3. Contact the parents or guardian |
| 4. Do not leave the child alone as the severity of symptoms can change quickly |

Emergency care

Please fill in this section if your child has been prescribed emergency medication for their allergy.

Child's name _____

Class _____

Name and strength of medication

--



When should medication be given?

How much medication should initially be given?

What action should be taken if medication is given?

What action should be taken if medication is not effective?

Signed _____ **Name** _____

Date _____

Non Emergency Allergic Reactions in your child at school

What causes the allergy/ what is your child allergic to?



Any other health conditions:

Early warning signs/Symptoms of child's allergic reaction,

What action should be taken if the child has an allergic reaction?

What can be done to help prevent or minimise allergic reaction?

Medications given at home (please include all medication)

SACRED HEART
CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 **Fax:** 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



Name of medicine	Is this prescribed for allergy?	Strength/Amount given	Times given

Medication to be given in school

Name of medicine	Is this prescribed for allergy?	Strength/Amount given	Times to be given

SACRED HEART
CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 Fax: 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



--	--	--	--

Health care plan agreed by:

Parent/carer: _____

Date _____

Healthcare professional: _____

Date _____

Member of school staff: _____

Date _____

Parents/carers are responsible for ensuring that the school is aware of their child's needs and should update the school as necessary. This care plan will be reviewed yearly or more often if required; it will be shared with staff in school that are involved in the child's care. Copies will be kept in the school office and in the classroom. Parent/carer to have a copy.

Plan reviewed

By: _____ Designation: _____ Date: _____

By: _____ Designation: _____ Date: _____

By: _____ Designation: _____ Date: _____

SACRED HEART
CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 **Fax:** 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



Parents/carers are responsible for ensuring that the school is aware of their child's needs and should update the school as necessary. This care plan will be reviewed yearly or more often if required, it will be shared with staff in school that are involved in the child's care. Copies will be kept in the school office and in the classroom. Parent/carer to have a copy.

Plan reviewed

By: _____ Designation: _____ Date:

By: _____ Designation: _____ Date:

By: _____ Designation: _____ Date:



FORM 4

Individual Health Care Plan

Asthma

This plan relates to the health care needs provided to this school to the child / young person named below in relation to the safe management of the condition above. School staff involved in the day to day care of this child should be made familiar with the contents of this plan so they are aware of when they need to act, and what they and others need to do.

Child _____ **Date of**
Birth _____

Class _____

When a person with asthma comes into contact with something that irritates their airways (an asthma trigger), the muscles around the walls of the airways tighten so that the airways become narrower and the lining of the airways become inflamed and starts to swell making it difficult to breathe.

Asthma UK

Emergency Contact details:

Contact 1

Name:

Relationship: _____

Contact numbers:

Contact 2

Name:



Relationship:

Contact numbers:

Emergency care

Please fill in this section if your child has been prescribed emergency medication for their asthma.

Child's name _____

Class _____

Name and strength of inhaler

When should inhaler be given?

How much medication should initially be given?

What action should be taken if inhaler is given?

What action should be taken if inhaler is not effective?



Signed _____ Name _____

Date _____

Emergency Inhalers

From 1st October 2014 the Human Medicines (Amendment) (No. 2) Regulations 2014 will allow schools to obtain, without a prescription, salbutamol inhalers, if they wish, for use in emergencies. This will be for any pupil with asthma, or who has been prescribed an inhaler as reliever medication. The inhaler can be used if the pupil's prescribed inhaler is not available (for example, because it is broken, or empty). The emergency salbutamol inhaler can only be used by children, where parental consent for use of the emergency inhaler has been given, who have either been diagnosed with asthma or prescribed an inhaler, or who have been prescribed an inhaler as reliever medication.

..... School holds inhalers in school for use in an emergency. Please complete the form below to confirm that you consent to an emergency inhaler being used for your child.

CONSENT FORM: USE OF EMERGENCY SALBUTAMOL INHALER

1. I can confirm that my child has been diagnosed with asthma / has been prescribed an inhaler [delete as appropriate].
2. My child has a working, in-date inhaler, clearly labelled with their name, which will be kept in school for their use
3. In the event of my child displaying symptoms of asthma, and if their inhaler is not available or is unusable, I consent for my child to receive salbutamol from an emergency inhaler held by the school for such emergencies.

SACRED HEART
CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 **Fax:** 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



Signed:Name(print).....

Child's name: Class:
.....

Parent's address and contact detail
.....
.....
.....
.....

Telephone:.....
.....



Non Emergency Asthma care for your child - Symptoms of asthma, please describe features of an attack and any early warning signs;

Any other health conditions:

When should inhaler be given?

Are there any triggers for the asthma?

What can be done to help prevent asthma attacks?

SACRED HEART
CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 **Fax:** 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



--

Medications given at home (please include all medication)

Name of medicine	Is this prescribed for asthma?	Strength/Amount given	Times given

Medication to given in school

Name of medicine	Is this prescribed for asthma?	Strength/Amount given	Times to be given

SACRED HEART CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 **Fax:** 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



--	--	--	--

SACRED HEART
CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 Fax: 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



Heath care plan agreed by:

Parent/carer: _____

Date _____

Healthcare professional: _____

Date _____

Member of school staff: _____

Date _____

Parents/carers are responsible for ensuring that the school is aware of their child's needs and should update the school as necessary.

This care plan will be reviewed yearly or more often if required, it will be shared with staff in school that are involved in the child's care. Copies will be kept in the school office and in the classroom. Parent/carer to have a copy.

Plan reviewed

By: _____ Designation: _____ Date: _____

By: _____ Designation: _____ Date: _____

By: _____ Designation: _____ Date: _____



FORM 5

Individual Health Care Plan

Diabetes

This plan relates to the health care needs provided to this school to the child / young person named below in relation to the safe management of the condition above. School staff involved in the day to day care of this child should be made familiar with the contents of this plan so they are aware of when they need to act, and what they and others need to do.

Child _____ **Date of Birth** _____

Class _____

Diabetes is a condition where the amount of glucose in the blood is too high because the body cannot use it properly.

This is because the pancreas doesn't produce any insulin, or not enough insulin, to help glucose enter the body's cells – or the insulin that is produced does not work properly (known as insulin resistance).

Emergency Contact details:

Contact 1

Name:

Relationship:

Contact numbers:

Contact 2

Name:

Relationship:

**SACRED HEART
CATHOLIC PRIMARY SCHOOL**

Georges Road, London N7 8JN
Tel: 020 7607 3407 Fax: 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



Contact numbers:

GP _____ Contact
number _____

Specialist Dr/Nurse _____ Contact
number _____

Type of diabetes, details of condition

Any other health conditions/ Allergies etc:

Blood glucose monitoring:

Blood glucose target before eating.....

Blood glucose target after eating.....

Monitoring procedure



Insulin administration regime

--

Medications given at home (please include all medications given)

Name of medicine	Is this prescribed for diabetes?	Strength/Amount given	Times given



--	--	--	--

Medication to given in school

Name of medicine	Is this prescribed for diabetes?	Strength/Amount given	Times to be given

Emergency care

Please fill in this section to give details of emergency procedures .

Child's name _____

Class _____

Signs of hypoglycaemia (Hypo) - blood sugars too low

--

Action to be taken if Hypo occurs

--



Signs of Hyperglycaemia (Hyper) - blood sugars too high

Action to be taken if Hyper occurs

Signed _____ **Name** _____

Date _____

Suggested Daily Routine, e.g. times to eat, times for blood glucose monitoring etc

SACRED HEART
CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 **Fax:** 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



Plan for physical Activity

Further information that may be useful to school

Health care plan agreed by:

Parent/carer _____

Date _____

SACRED HEART
CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 Fax: 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



Healthcare professional _____

Date _____

Member of school staff _____

Date _____

Parents/carers are responsible for ensuring that the school is aware of their child's needs and should update the school as necessary.

This care plan will be reviewed yearly or more often if required, it will be shared with staff in school that are involved in the child's care. Copies will be kept in the school office and in the classroom. Parent/carer to have a copy.

Plan reviewed

By _____ Designation _____

Date _____

By _____ Designation _____

Date _____

By _____ Designation:

_____ Date _____



FORM 6

Individual Health Care Plan

Epilepsy

This plan relates to the health care needs provided to this school to the child / young person named below in relation to the safe management of the condition above. School staff involved in the day to day care of this child should be made familiar with the contents of this plan so they are aware of when they need to act, and what they and others need to do.

Child _____ **Date of**
Birth _____

Class _____

Having epilepsy means that you have a tendency to have epileptic seizures. A seizure happens when there is a sudden burst of intense electrical activity in the brain, which causes a temporary disruption in the way the brain normally works.
Epilepsy.org.uk

Emergency Contact details:

Contact 1

Name:

Relationship:

Contact numbers:

Contact 2

Name:

SACRED HEART
CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 **Fax:** 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



Relationship:

Contact numbers:

Condition/cause of epilepsy, anything that makes seizures more likely, early warning signs?

Any other health conditions:

Description of Seizures:

How long do seizures usually last?

SACRED HEART
CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 **Fax:** 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



What happens after a seizure and how long does it usually take to recover?

Medications given at home (please include all medications given)

Name of medicine	Is this prescribed for epilepsy?	Strength/Amount given	Times given

SACRED HEART
CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 **Fax:** 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



Medication to given in school

Name of medicine	Is this prescribed for epilepsy?	Strength/Amount given	Times to be given



Emergency care

Please fill in this section if your child has been prescribed emergency medication for their epilepsy.

Child's name _____

Class _____

Name and strength of medication

When should the medication be given?

How much medication should initially be given?

What action should be taken if medication is given?

**SACRED HEART
CATHOLIC PRIMARY SCHOOL**

Georges Road, London N7 8JN
Tel: 020 7607 3407 Fax: 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk



Date Plan Completed

Signed _____ **Name** _____

Date _____

Health care plan agreed by:

Parent/carer: _____

Date _____

Healthcare professional: _____

Date _____

Member of school staff: _____

Date _____

Parents/carers are responsible for ensuring that the school is aware of their child's needs and should update the school as necessary.

This care plan will be reviewed yearly or more often if required, it will be shared with staff in school that are involved in the child's care. Copies will be kept in the school office and in the classroom. Parent/carer to have a copy.

Plan reviewed

By: _____ Designation: _____ Date: _____

By: _____ Designation: _____ Date: _____

By: _____ Designation: _____ Date: _____

SACRED HEART CATHOLIC PRIMARY SCHOOL

Georges Road, London N7 8JN
Tel: 020 7607 3407 **Fax:** 020 7607 4906
admin@sacredheart.islington.sch.uk
www.sacredheart.islington.sch.uk

