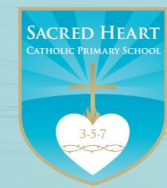




# Menu

## Week 1



**THE FRESH LITTLE ALLOTMENT**  
SEASONALLY FRESH, PERFECTLY PICKED

Monday      Tuesday      Wednesday      Thursday      Friday

### Mains

HAPPY TUMS

Chicken Curry (Mk,So)	Beef Pepperoni Pizza (G,Mk)	Chicken Sausage with Gravy (G,Su)	<u>Pasta Bar</u> (G) Lamb Bolognese Tomato sauce	Baked Fish Fingers with Lemon wedge (G,F)
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### Veggie

MEAT FREE

Chickpea Curry (Mk,So)	Margherita Pizza (G,Mk)	Veg Sausage Gravy (G,So)	<u>Pasta Bar</u> (G) Vegan Bolognese Tomato sauce	Vegetable Fingers with Lemon Wedge (G)
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### veg

EXTRA GOOD

Roasted Carrots  Cauliflower	Sweetcorn Coleslaw (E)	Leek and Cabbage  Butternut Squash	Choose from our Delicious Salad Bar	Peas  Baked beans
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### carbs

FUEL FOOD

50/50 Rice	Potato Wedges	Mashed Potato (Mk)	Parsley and Mint Focaccia (G)	Oven Baked Chips
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### Dessert

SOMETHING SWEET

Fresh Fruit Platter	Chocolate Cake (G,E,Mk,So)	Fruit Jelly	Fresh Fruit Platter	Peach Crumble Slice (G,E)
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*Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.*

APRIL  
NEW  
POTATOES

MAY  
BASIL

JUNE  
BEETROOT

JULY  
MINT

Look for this logo on  
the menu to try a  
yummy seasonal special!

### Dates

13/04/26, 04/05/26, 01/06/26,  
22/06/26, 13/07/26

### Allergens:

*Please note the allergens shown within these menus are subject to change.*

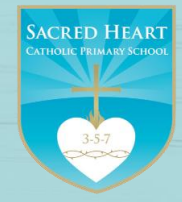
Ce = Celery	F = Fish	L = Lupin	Mu = Mustard	Se = Sesame Seeds
Cr = Crustacean	G = Cereals containing Gluten	Mk = Milk	N = Nuts	So = Soya
E = Eggs	Mo = Molluscs	P = Peanuts	Su = Sulphur Dioxide	





# Menu

## Week 2



**THE FRESH LITTLE ALLOTMENT**  
SEASONALLY FRESH, PERFECTLY PICKED

### Mains

HAPPY TUMS

Monday	Tuesday	Wednesday	Thursday	Friday
Fusilli Bolognaise (G,Mk)	Chicken Sausage Hot Dog (G,Su,So,Se)	Moroccan Style Chicken (G)	Lamb and Eat Curious Tacos (Mk)	Fish Fingers with Lemon wedge (G,F) Or Salmon Fish Cake (G, F)

### Veggie

MEAT FREE

Macaroni and Cheese (G,Mk,So)	Vegan Sausage Hot Dog (G,So,Se)	Moroccan Vegan Plantballs (G,So)	Vegan Mince and Eat Curious Tacos (Mk)	Veggie Fingers with lemon wedge (G,Mk)
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### veg

EXTRA GOOD

Choose from our Delicious Salad Bar	Sweetcorn Broccoli	Butternut Squash Green Beans	Broccoli Buffalo Beans	Peas Baked beans
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### carbs

FUEL FOOD

Beetroot Focaccia (G)	Potato Wedges	New Potatoes	Mexican Rice	Oven Baked Chips
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### Dessert

SOMETHING SWEET

Fresh Fruit Platter	Apricot Sponge Cake (G,E,Mk,Su,So)	Fruit Jelly	Fruit Platter	Pineapple and Carrot Cake (G,Mk)
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*Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.*

**APRIL NEW POTATOES**

**MAY BASIL**

**JUNE BEETROOT**

**JULY MINT**

Look for this logo on the menu to try a yummy seasonal special!

### Dates

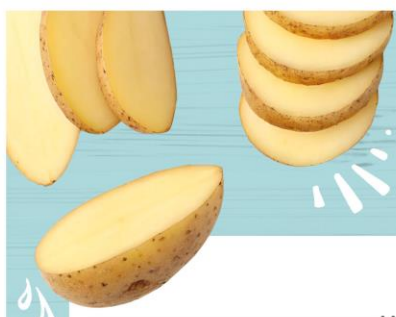
20/04/26, 11/05/26, 08/06/26,  
29/06/26, 20/07/26

### Allergens:

*Please note the allergens shown within these menus are subject to change.*

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- Mu = Mustard
- Se = Sesame Seeds
- Cr = Crustacean
- G = Cereals containing Gluten
- Mk = Milk
- N = Nuts
- So = Soya
- E = Eggs
- Mo = Molluscs
- P = Peanuts
- Su = Sulphur Dioxide





# Menu

## Week 3



**THE FRESH LITTLE ALLOTMENT**  
SEASONALLY FRESH, PERFECTLY PICKED

Monday      Tuesday      Wednesday      Thursday      Friday

### Mains

HAPPY TUMS

Gratin Chicken  
With spinach and  
Tomato  
(G,MK)

Lamb Keema Pitta  
(G,Mk,So)

Roast Chicken,  
Yorkshire Pudding  
and Gravy  
(G,E,Mk)

Chicken Meatballs  
Tossed in a Tomato  
and Basil Sauce

Fish Fingers with  
lemon wedge  
(G,F)



### Veggie

MEAT FREE

Plant Balls  
in Tomato Sauce  
(So)

Pita Pockets with  
Chickpeas and  
Vegetables  
(G,Mk,So)

Lentil And  
Vegetable Pastie  
with Gravy  
(G)

Plant Balls  
Tossed in a Tomato  
and Basil Sauce  
(So)

Vegetable Fingers  
with lemon wedge  
(G ,Mk)



### veg

EXTRA GOOD

Choose from our  
Delicious Salad  
Bar

Tomato and Onion  
Salad (Su)  
  
Broccoli

Roasted Carrots  
  
Green Beans

Mixed Vegetables

Peas  
  
Baked beans

### carbs

FUEL FOOD

Wholemeal Penne  
(G)

Sweet Potato  
Roasties

Roast New  
Potato

Penne Pasta  
(G)

Chips

### Dessert

SOMETHING SWEET

Fresh Fruit Platter

Banana Cake  
(G,E)

Fruit Jelly

Fresh Fruit platter

Iced Sponge Cake  
(G,E,Mk)

*Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.*

APRIL  
NEW  
POTATOES

MAY  
BASIL

JUNE  
BEETROOT

JULY  
MINT

Look for this logo on  
the menu to try a  
yummy seasonal special!

**Dates**  
27/04/26, 18/05/26, 15/06/26,  
06/07/26

**Allergens:** Please note the allergens shown within these menus are subject to change.

Ce = Celery      F = Fish      L = Lupin      Mu = Mustard      Se = Sesame Seeds  
Cr = Crustacean      G = Cereals      Mk = Milk      N = Nuts      So = Soya  
E = Eggs      containing Gluten      Mo = Molluscs      P = Peanuts      Su = Sulphur Dioxide

