

Saint Thérèse of Lisieux

Think



- Who is this girl?
- How old is she?
- When was this photo taken?
- Why is she considered to be a saint?



Discuss



Towards the end of her life Thérèse struggled with unbelief and doubts about the existence of God and heaven. Does God exist? Can we ever know for sure? Is there an afterlife? What is it like?

Respond



Thérèse wrote about how to live a simple life that she referred to as **The Little Way**. Consider and describe how you and others can lead a simpler, better life through little acts of kindness; doing simple things to show great love.

Solve



Thérèse was born in 1873. In 1888, at a young age, she became a nun and lived in Carmelite community until her death in 1897. She was canonised (made a saint) in 1925. How old was she when she became a nun? How old was she when she died? How old would she have been when she was canonised?

Discover



Fact: From a young age, Thérèse wanted to become a nun and devote her life to God. Although she knew she would never perform great miracles or go on missions, her simple way of living continues to inspire many Christians.

Question: What is a nun? What is life like for a modern nun? What inspires people to become nuns or monks?

Reimagine



Saint Thérèse of Lisieux is often referred to as 'The Little Flower'. Find a flower or a picture of one and draw it in great detail. What characteristics make that flower uniquely beautiful?

Saint Thérèse of Lisieux **Answers**

How old was she?

Thérèse was 15 years old when she became a nun.

She died at the age of 24 years.

Had she lived until 1925, she would have been 52 years old.